



Arise Help Foundation

“Children needs model rather than critics.”

Arise Foundation
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ARISE FOUNDATION

OVERVIEW

Founding Year	2019
Founder/President	Md Nur Hashem Badhon
Industry	YOUTH LEAD ORGANIZATION
Active Volunteers	35

ACHIEVEMENTS

25000+

Total beneficiary till 2024

6year

150+ youth

59%
women

OUR MISSION

1

Community development

2

Youth Leadership

3

Health & Hygiene

4

Women Empowerment

WHY WE EXIST?

1

Expertise and Dedication

Building skills in leadership, innovation, and social change to tackle local challenges

2

Innovation and Adaptability

Our solutions, driven by innovation and adaptability, effectively address challenges, surpassing industry standards with creativity

3

Communication and Transparency

Transparent communication and regular updates foster trust, engagement, and strong, long-term partnerships with clients

WHAT OUR VOLUNTEERS SAYS

Outstanding service, surpassed expectations. Integral to our company's growth and success

David Miller
CFO at XYZ Corporation

Impressive results, exceeded our goals. Highly recommend for innovative solutions and professionalism

Sarah Lee
Marketing Manager at ABC Industries

3



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Arise Foundation

Arise Foundation, also known as Arise Help for Child Foundation, is a Bangladeshi community action organization founded in September 2019. Our mission is to empower underprivileged children and their communities by addressing critical needs like healthcare, clean water, sanitation, nutrition, and environmental well-being.

Arise Foundation is a dedicated organization working closely with Sonali Kallayan Sangsatha, a well-established and respected local NGO in Bangladesh. Sonali Kallayan Sangsatha provides Arise Foundation with invaluable support, including official registration with the Bangladeshi government and the use of their office space as Arise Foundation's headquarters. This strong foundation allows Arise Foundation to focus its efforts on delivering its programs and services.

While currently operating under sonali kallayan sangsatha's registration, arise foundation is actively pursuing its own official registration as a separate entity. This demonstrates arise foundation's commitment to becoming a self-sufficient organization with its own unique identity.

Background Story

Vision:

A world where empowered Bangladeshi youth lead a thriving nation free from poverty, championing health and hygiene, fostering sustainable solutions, and creating a future of opportunity for all.

Mission:

Arise Foundation: Igniting Potential and Aligning with SDGs. Arise Foundation empowers young Bangladeshis to become active changemakers in their communities, driving progress towards a brighter future for all. The foundation's mission directly aligns with several Sustainable Development Goals (SDGs) established by the United Nations.

Elaboration on Arise Foundation's Initiatives and their SDG

Alignment

Empowering Youth Leaders:

This initiative builds capacities in leadership, innovation, and social change, equipping young people with the tools to address local challenges. This aligns with **SDG 4: Quality Education** by fostering critical thinking, problem-solving skills, and active citizenship. It also contributes to **SDG 16: Peace, Justice, and Strong Institutions** by promoting youth participation in building a more just and equitable society.

Promoting Child Health & Hygiene Development:

By ensuring access to quality education, healthcare, and Water, Sanitation, and Hygiene (WASH) practices, Arise Foundation lays the foundation for a healthy future generation. This directly addresses **SDG 3: Good Health and Well-being** by promoting physical and mental health among children. Additionally, access to education empowers individuals, aligning with **SDG 4: Quality Education**.

Supporting Women's Enterprises:

Arise Foundation fosters female entrepreneurship through training, access to resources, and the creation of climate-friendly businesses. This initiative empowers women economically (**SDG 5: Gender Equality**), fosters decent work and economic growth (**SDG 8: Decent Work and Economic Growth**), and promotes innovation for sustainable development (**SDG 9: Industry, Innovation, and Infrastructure**).

Championing Climate Action:

Educating communities and developing sustainable solutions to combat climate change aligns with **SDG 13: Climate Action**. By promoting climate-friendly businesses and educating communities, Arise Foundation helps Bangladesh adapt to and mitigate the effects of climate change.

Overall Impact:

Arise Foundation's multifaceted approach empowers young Bangladeshis, fosters a healthy and educated future generation, promotes gender equality and economic growth, and equips communities to tackle climate challenges. These initiatives contribute significantly to the achievement of multiple Sustainable Development Goals, creating a ripple effect of positive change in Bangladesh.

Arise Foundation Believes

Community Development: Working alongside communities to create lasting positive change.

Skill Transfer: Equipping young people with the knowledge and tools to build a brighter future.

Eradicating Poverty: Providing opportunities and resources to break the cycle of poverty, particularly in rural areas.

Operating Values:

- Discipline
- Participation
- Gender-sensitive work culture
- Professionalism
- Cost consciousness
- Teamwork
- Transparency and accountability
- Creatively and innovation
- Concern for Environment

Arise Foundation Board of Governance:

- ❖ General Committee – 21 Members (Male-12, Female-9)
- ❖ Executive Committee – 7 Members (Male-4, Female-3)
- ❖ General Committee Meeting – Yearly
- ❖ Executive Committee meeting – Quarterly

Principal Beneficiaries:

- ✓ Disadvantaged and underprivileged men, women, and children.
- ✓ Adolescent boys and girls.
- ✓ Youths.
- ✓ Ethnic People
- ✓ People with Disability.
- ✓ River Side Displaced / Uprooted people

Ownership

Arise Foundation is owned by its:

- ✚ Beneficiaries
- ✚ Staff Members
- ✚ Honorable Members of the Executive Committee and General Body

District	Beneficiary	Total Projects	Coordinator	Challenge's
Dinajpur	17		Saqlain Kabir	
Rangpur	08		Junayet Ahmed	
Gaibandha	03		Zamilur Reza	
Bogura	01		Siam Ahmed	
Satkhira	05		Samiur Rahman	
Tangail	07		Jannatul Maowa	
Cox's Bazar	04		Saimun Islam	
Rajshahi	01		Azmir Islam zim	
Kushtia	04		Prottoy Bin Shafe	
Panchagarh	03		Mazedur Islam	
Jashore	05		Tahsin Miti	
Sylhet	08		Abdullah Al Mahi	

Agreement With Sonali Kollayan Sangstha

We are pleased to announce that our organization has formally agreed with Sonali Kollayan Sangstha, a distinguished local NGO. Sonali Kollayan Sangstha is registered with the Ministry of Social Welfare and the Ministry of Women and Child Affairs.

As our trusted adviser, Sonali Kollayan Sangstha will assist us in identifying and pursuing legal actions to further our mission. Their extensive experience and social welfare and legal advocacy expertise will be invaluable assets in our collaborative efforts to effect positive change in our community.

This partnership underscores our commitment to social justice and our dedication to addressing the legal needs of vulnerable populations. We look forward to a fruitful collaboration with Sonali Kollayan Sangstha as we work together to achieve our shared goals.

Membership & Affiliation:



Achievements and Recognition



Honorable Advisor of Arise Foundation

Md Mostafizur Rahman Ripon	Associate Professor, Begum Rokeya University, Rangpur	01711851976
Md Belal Hossen	News Editor,” সাপ্তাহিক কৃষি ও আমিষ	01747714989
Momota Begum	Founder, Sonali Kollayan Sangstha	
Bayezid Khan	Associate Professor, Khulna University	01795959667
Khadiza Mostary Maheen	Education Officer, UNICEF	01781345312

Executive Committee with Qualifications

All members of the Executive Committee are non-political. No member is involved in any party politics. Particulars of the members of the Executive Committee are given below:

Name	Position	Address	Qualification	Phone number
MD Nur Hashem Badhon	Founder & President	Borogurgola, Sadar Upozila, Dinajpur	B.sc in Geography and Environmental Science PGD in Project Management (NGO & Development MSS in Development Studies (enrolled) Associate at BRAC Skills Development Program	01785286960
Zamilur Reza	General Secretary	Harinabari . , Polashbari ,Gaibandha	B.sc in Geography and Environmental	017932066006

			Science	
Jannatul Maowa Shamonty	Joint Secretary	Tangail		017639547293
Hakim Mahbub Shuvo	Vice President	Khulna		01876152651
Sharna Akter	Vice President			01913508938
Rifayat Jerin Alam	Treasurer			01737752406
Jannatul Ferdaous Brishti				01824555310
MD Niyamotullah	Press Secretary	Pabna		01734908993

Management Structure: Arise Foundation is operated as per the approved constitution of the organization. It has three types of structure:

- ♣ General Body
- ♣ Executive Committee
- ♣ General Administration

General Body

The total number of members of the General Body is 21. At least one general meeting is held annually. The General Body approves the activities of the Executive Committee.

Executive Committee: The Executive Committee is elected by the members of General Body. It consists of 7 members. The composition of the Executive Committee is given below:

- President 01
- Vice President 02
- General Secretary 01
- Treasurer 01
- Member 03
- Total 07

The Executive Director plays the role of president to the Executive Committee as per the constitution. However, the Executive Director has no right to cast a vote in making any decision in the meeting of the Executive Committee. The duration of the Executive Committee is 3 years.

Development Approach and Strategy

The main strategy of the Arise Foundation in implementing its present activities is to assist beneficiaries as the development partners or facilitators. Some working strategies Arise Foundation are mentioned below:

Group Approach

Arise Foundation strongly believes that the sustainability of the organization depends on the sustainability of the beneficiary target groups. Arise Foundation implements most of its programs/projects by organizing beneficiaries in groups. Groups decide what kind of approach and assistance they need. Arise Foundation assists them in making proper decisions. In the light of the decision taken by the groups, Arise Foundation provides the group members with technical and financial support.

Bottom-up Approach

Arise Foundation follows a bottom-up and participatory development approach as its working strategy. With this end in view, Arise Foundation first starts mobilizing and organizing beneficiaries through awareness-building.

Organizational Challenges and Competitive Environment

Competitive Environment:

Arise Foundation doesn't compete directly with for-profit businesses but operates within a competitive landscape of Non-Governmental Organizations (NGOs) addressing similar issues in Bangladesh. Competitors might include.

Local and regional YLO: Many smaller organizations concentrate on specific areas like water sanitation, education in rural areas, or women's empowerment.

Arise Foundation's Competitive Advantages:

- **Focus on youth leadership:** Empowering young people sets Arise apart by building long-term solutions and fostering a sense of ownership within communities.
- **Holistic approach:** Addressing healthcare, sanitation, education, and the environment comprehensively is a strong value proposition.

- **Gender sensitivity:** Prioritizing women's empowerment and a gender-balanced leadership structure creates a more inclusive approach.

Arise Foundation's Competitive Challenges

- **Limited resources:** Compared to established NGOs, Arise has fewer funds, staff, and infrastructure.
- **Lack of formal registration:** Not being registered with the government may limit access to funding and partnerships.
- **Volunteer dependence:** Relying on volunteers can lead to inconsistency and difficulty scaling operations.

Strategic Challenges

Operational Challenges:

- **Scaling operations:** Expanding services with limited resources and staff.
- **Volunteer management:** Recruiting, training, and retaining reliable volunteers.
- **Monitoring and evaluation:** Measuring the impact of programs with limited resources.

Financial Challenges:

- **Securing funding:** Attracting donors and grants to support ongoing operations and growth.
- **Financial management:** Ensuring efficient use of limited funds for maximum impact.

Human Resource Challenges:

- **Developing staff expertise:** Training and supporting staff in areas like project management, fundraising, and monitoring.
- **Volunteer motivation:** Keeping volunteers engaged and passionate about the cause.

Activity Challenges:

- **Project selection:** Choosing projects with the highest impact and aligning with available resources.
- **Sustainability:** Ensuring the long-term success of programs after initial interventions.

Regulatory Challenges:

- **Navigating the legal landscape:** Understanding and complying with government regulations for NGOs.
- **Formal registration:** Securing government registration to unlock potential funding and partnerships.

System for Performance Improvement

Arise Foundation can develop a performance improvement system through these steps:

- **Setting clear goals and objectives:** Define specific, measurable, achievable, relevant, and time-bound (SMART) goals for each program.
- **Data collection and analysis:** Track key metrics like number of beneficiaries reached, volunteer engagement, and project outcomes.
- **Regular monitoring and evaluation:** Analyze data to assess progress toward goals and identify areas for improvement.
- **Feedback loop:** Use evaluation results to inform future program design and resource allocation.

Factors for Success

- **Securing sustainable funding:** Diversifying income sources through grants, corporate partnerships, and individual donations.
- **Building strong partnerships:** Collaborating with other NGOs/YLOs/Clubs, and local communities for wider reach and impact.
- **Demonstrating impact:** Effectively measuring and communicating the positive change Arise creates for beneficiaries.
- **Developing volunteer capacity:** Investing in training and development to improve skills and expertise.

Changes Affecting Competitive Situation

- **Government policies:** Changes in government regulations or funding priorities for NGOs could impact the competition.

- **Shifting donor focus:** Donors' interests may change, requiring Arise to adapt its programs to attract funding.
- **Technological advancements:** new technologies for communication, fundraising, and project management could offer competitive advantages.

Name of the Core campaign	Status	Date of execution	Beneficiary
Educational Support for the underprivileged	Completed	1 st January 2020-ongoing	
No mouths unfed	Completed	4 th January 2020 –10 June 2020	
Health Program	Completed	7 th January,2020-1 April 2020	
Green environment (Tree planting)	Completed	7 th March 2020,ongoing	
No covid-19 –fighting thecoronavirus	Ongoing	17 th March To 20 th June 2020	
CompassionateRamadan	Completed	25 th april, 2020– 25 th may, 2020	
Compassion foriftar	Completed	25 th april, 2020 - 8 th may, 2020	
Project Bano Lota	Ongoing	4 th may 2020 -ongoing	
Zakat fortomorrow	Completed	20 th may, 2020 - 26 th may, 2020	
The festivity ofeid	Completed	24 th may, 2020 - 25 th may, 2020	
Sacrifice for the underprivileged –worn clothes but new hope	Completed	24 th may, 2020 – 25 th may, 2020	
Arise digital school	Scheduled	জায়গা বরাদ্দ হয়েছে	
Health and Hygiene competition	Ongoing	Immediately upon The pandemic isover	
A special day	Scheduled	10 th september, 2020 (if the pandemic is over)	
Nutrition for child	Scheduled		
Project “Akkok Sabolombi”	Ongoing	03 rd May 2024 To ongoing	
Green thread Ventures	Scheduled	ফেলেদেওয়া ডেনিম থেকে সামগ্রি	

Eco Arise camp	Scheduled		
Campaign on Single Use Plastic Free Society	Completed	24 th may, 2024 – 25 th June, 2024	



Arise Foundation: Dinajpur COVID-19 Relief Project

Project Goal: Provide critical oxygen and ambulance services to the Dinajpur District during the COVID-19 pandemic.

Project Activities:

Oxygen Distribution: Arise Foundation secured 25 oxygen cylinders from Mission Humanity, a donor organization. These cylinders were distributed throughout Dinajpur to support those struggling to breathe due to COVID-19.

Ambulance Services: Arise Foundation, with the dedication of its male and female volunteers, operated ambulance services to transport sick, elderly, people with disabilities (PWD), and children to medical facilities. These volunteers bravely faced the risk of contamination to serve the community.

Project Impact:

This project provided a lifeline to those most vulnerable during a critical time. Arise Foundation's efforts, along with the support of Mission Humanity, ensured access to oxygen and medical transportation for countless individuals in Dinajpur. The bravery of the volunteers in the face of risk is especially commendable.



What was your motivation to establish this organization?

My passion for helping others began in school, fueled by a dream of becoming a doctor. Volunteering became my way to serve my community, from school to college and even during the isolating times of the COVID-19 pandemic.

Back in Rani Bandar, I saw a need for basic hygiene education among children. What started as teaching handwashing and sanitation practices soon gained momentum, spreading beyond my local area. Witnessing the impact of this small initiative ignited a fire within me.

In 2019, The Journey of Arise Foundation began. But it all stemmed from that initial spark – the realization that a child's health is deeply linked to their environment and education. We focus on marginalized communities, particularly the Santal ethnic minority because we believe everyone deserves a chance to thrive.

Arise Foundation goes beyond education. It's about empowering entire communities through health initiatives, hygiene awareness, and innovative solutions. We want to leave a lasting positive impact, one step at a time.

Child Education Programs

- **Educational Support for the Underprivileged**

More than 60 million children live in Bangladesh. 4.8 million children fall below the poverty line. 600 thousand children dropped out of school due to their poverty. Disengagement of education becomes the primary reason for the escalation of inter-generational cycles of poverty. Poverty forces them out of their schools and lead them to enlist their name as child labor. Child laborers often find themselves engaged into slavery or slavery-like practices. Even they are engaged in illicit activities by adults from sexual exploitation to drug

Trafficking. At this education becomes the primary weapon to demilitarize the crisis. It can help the coming generations to break the inter-generational cycles of poverty.



We have established a maneuver in which we ensure education for 100 underprivileged children from the 8 divisions of Bangladesh. Each campaign will last 12 months. Within these 12 months, we ensure all the general support a child requires to begin their schooling. Our campaign includes:

- ☐ Admission fee
- ☐ Monthly tuition fee
- ☐ Adequate environment for schooling
- ☐ Essentials such as books, notebooks, pens, pencils, etc.
- ☐ Routine sanitation campaigns

With all the support we can provide, we ensure a bright future, turning the underprivileged into manpower for the country. We don't provide school uniforms with the campaign. But if education for a child faces a barrier due to it, we will certainly allocate it through managing funds. Again, children with autism spectrum also receive our support. We have thoroughly allocated:

- ☐ Wheelchair
- ☐ Special educational institutions
- ☐ Therapy
- ☐ Routine sanitation campaigns

For the noble cause we have devoted ourselves so that the future can also be brighter for the ones deserving it. You can also be a part of it by simply donating to our fundraisers. Out of our efforts and campaigns, if any individual wants to allocate sponsorship for these underprivileged children personally to contribute to their future ahead, they can issue an amount of 12,000 taka per month to them. Even your little help may bring smiles to thousands of children.



• No mouths Unfed (Ongoing)

Day-to-day world they seem to be hiding in plain sight. They have their own world. Their dark, impoverished, needy world. Where hunger seems to have become their cliché. When one world is busy making choices over what food items to eat, the other one is busy finding a way to sustain. Celebrations, festivals, weddings, and restaurants in Bangladesh waste a terrible amount of food each year. Alone in the capital- Dhaka, 5000 tons of food are wasted daily. This does not come cheap if we consider the number of starving children.

But surely, we can ring a bell for the change. We can limit the wastage of these food items if we let the underprivileged have some. Taking the initiative to escort these excess meals to the poor, might be the key to making some changes. Thinking of this noble cause, Arise Foundation has taken a similar initiative. We are working directly under the food bank, directing the excess meals from different weddings, functions and restaurants, straight to the underprivileged children. Food bank stands by the underprivileged population and aims directly to mitigate the hunger crisis by conserving the excess meals from the general public.



- **Arise Digital School** (status: scheduled, date of execution: immediately upon the pandemic is over)

Arise foundation, over the concerns of the underprivileged getting deprived of educational facilities, has decided to initiate the ahc digital school campaign.

The economic barrier is a major issue for underprivileged communities. This forces children all over the world to abandon their classes and join the workforce. The rise of child labor is rising day by day. The economic barrier becomes a major obstacle in turning the population into manpower. On the other hand, in the remote areas of Bangladesh, schooling is impossible for a child because of not simply having an institution. This brings in a lot of variables in identifying of the crisis, the entire community is trying to mitigate. 4.8 million children in Bangladesh are regularly getting engaged in child labor and it's devastating that this is gradually occurring because of not having the opportunity to do so.

Education is a right for a child, and we aim to provide the children with the rights they were promised. Arise digital school is the initiative that will be taking place primarily in 4 districts,

- Dinajpur
- Khulna
- Moheshkhali
- Hobiganj

Taking place in this district, this school would be virtual and one of our volunteers will carry out the equipment like, laptop and projectors, to these remote areas to promote education. The virtual

classes would be initiated with the help of the paid teachers within funded infrastructures. We believe that this is the right they were promised with, and as it comes in our deep concerns that we dedicate ourselves for these underprivileged children. We believe this will help eradicating the illiteracy rate in these regions and mitigate the crisis regarding these kids

- **A Special Day**

Human rights have to be given to a child from the very beginning of his birth. Children with special needs are always been in a dilemma of loneliness and lack of care every time. The children with autism spectra. at least 17 children in every 10,000 children in Bangladesh are born with autism. They always need the special care from the near ones in their whole life, which are privileged with numerous glorious qualities. From flourishing them they just need a support, an upward thrust from the society

From the birth of arise foundation has been prioritizing the needs of these child's, as a part of sequence we will be celebrating our birthday on 10th September with the children who has the autism spectra, to enhance the support for them, the aims of the day would be,

- Merge a sense that we are always beside them.
- Putting up an example of happiness and dedicating towards our works for these children.
- Creating a social awareness between the people that they exist and we have to come forward to help them at any level, at any circumstances;
- Fundraising programs will be initiated;
- Entertainment programs would be organized for the children and engagement of all the members of arise foundation;

So, on 10th September the foundation will be creating and exemplary work on its birthday.

- **Nutrition for Child**

From age 0 to 5 years, a child requires adequate amount of nutrition to ensure their growth. Malnourishment of both the child and the mother is a common sight among the impoverished families of Bangladesh. It affects the physical and mental growth of millions of children annually. Not having access to clean water is also another crisis, underprivileged witness growing up. Starvation has become a part of their daily life

Concerning the situation, Arise Foundation has constituted nutrition for child – nyc campaign for the ones deserving it. With over 120 volunteers, Gazipur, unit, hstu unit, and Dinajpur unit will execute the campaign as soon as the pandemic, covid-19 is cured. Targeting dinajpur, the campaign will take place in santal polli- a minority-based habitation, situated behind the Hajee Mohammad Danesh science & technology university - hstu. Nutritionists and professors of hstu along with our volunteers will unite and run a campaign consisting of 50-100 families to determine nutritional contents. Our main goal is to identify sustainable and affordable meal plans for both the child and the mother, ensuring adequate nutritional benefits that will ensure their physical and mental growth.

• Education for the victims of Amphan

Name of a great massacre in the region has been ‘Amphan’ and it struck on 18 May, killed 88 people. Officials said, as rescue teams scoured devastated coastal villages, hampered by torn down power lines and flooding over large tracts of land. Bangladesh reported 16 people died, and a cyclone emergency volunteer drowned. The United Nations office in Bangladesh estimates 10 million people were affected and some 0.5 million people may have lost their homes. “I have never seen such a cyclone in my life. It seemed like the end of the world. All I could do was to pray” Azgar Ali, 49, a resident of Shatkhira district told to Reuters news agency. The present problems of the region are,

- ☐ Massive devastation of infrastructure, residents etc.
- ☐ Social turmoil in an area for economic uncertainty.
- ☐ Lack of post disaster management in those areas to cover up the following situation.
- ☐ Illiterate situation and lack mental stability to fight a war from two fronts in those regions (COVID-19 and ‘Amphan’)

People need huge help in the regions and Arise Foundation is planning for helping them from the root of it by enhancing the education sector to develop awareness and precautions for the present and future disasters like this. Education is the only way to face the universal problems. The concept of digital schools in the needed zones of Bangladesh by Arise Foundation will be promoting the youth and underprivileged children from the primary level so that at least they can be fighting with the normal flow of the concept of a citizen. The procedures would be,

- Creating temporary rooms for the education purpose primarily
- Engaging the renowned students or teachers in those places through digital education process by providing i.e. Laptop, projector via; instructors
- Progressing and initiating the process of education from micro-sectored aspects which are the must needs of those very regional crises like cyclone: ‘Amphan.’

Arise Foundation is working relentlessly to merge a hope in all the needy communities of Bangladesh and hope it will prosper in those critical situations.

Youth Development and Capacity Training Workshops

• Empowering Volunteers Through Capacity Development and Training

At Arise Foundation, we firmly believe in the transformative power of volunteer capacity development and training to create a positive societal impact. Since 2019, we have been dedicated to organizing various types of training sessions and workshops in collaboration with reputed organizations. This commitment has allowed us to equip our volunteers with the necessary skills and knowledge to drive change within their communities.

Our Achievements and Initiatives

Volunteer Growth:

As of 2024, we proudly have a total of 280 volunteers dedicated to our mission.

Trained Volunteers: Out of our total volunteer base, 120 individuals have received comprehensive training through our programs.

Expert Trainers:

We have a robust team of five master trainers and four sector-specific trainers who deliver specialized training sessions. These experts also provide foundational training to our new volunteers, ensuring

they are well-prepared for their roles.

Collaborative Efforts

To enhance the training experience and provide our volunteers with diverse and efficient learning opportunities, we have established collaborations with several esteemed organizations, including:

- *BRAC Amra Notun Network Platform
- *IID Bangladesh
- *Teach for Bangladesh Fellowship
- Freedom Fellow
- Youth Fellow (WaterAid)
- The Earth
- Shekor Life skills
- Emk Centre

These partnerships offer our volunteers access to national and international opportunities for skill development and personal growth.

Climate Programs

• Arise Foundation - Green Campus Initiative

Arise Foundation's Green Campus Initiative is a proactive project designed to combat the pervasive issue of single-use plastic while fostering a culture of tree plantation among the youth across various campuses in our country. The initiative is a response to the alarming increase in plastic waste and the corresponding decline in forest cover, both of which threaten the environmental health crucial for student's mental and physical well-being.

Objectives:

Reduce Single-Use Plastics: The primary goal is to eliminate the use of daily single-use plastics by promoting sustainable alternatives among students.

Promote Tree Plantation: Encourage and facilitate tree planting activities, instilling a sense of environmental responsibility and connection to nature among the youth.

Activities:

1. Plastic Collection and Exchange:

- We collect plastic bottles from students at Lalmatia College and other participating colleges.
- In exchange for these plastic bottles, students receive alternative products to replace their daily use of plastic.
- Additionally, as a gesture of appreciation, students are given tree saplings to plant.

2. Plastic Coin Initiative:

- We introduce the concept of a 'Plastic Coin,' a symbolic token students receive in exchange for collected plastic waste.
- These Plastic Coins can be exchanged for gifts, such as trees and other eco-friendly products, promoting a sustainable lifestyle.

Clean Campus Event:

- In collaboration with organizations such as 'Brikkho,' Collegiate Girls' High School and College, and 'Oboshor,' we organized a 'Clean Campus' event.

- Students participated by collecting plastic waste, which they exchanged for 250-taka worth of books and two tree saplings.

Impact:

Environmental Awareness: The initiative raises awareness among students about the harmful effects of plastic waste and the importance of tree plantation.

Behavioral Change: We aim to foster long-term behavioral change toward sustainable living by providing alternatives and incentivizing participation.

- **Community Engagement:** Engaging students in these activities strengthens community bonds and collective responsibility toward environmental conservation.



Combating the
leadership, and
conscious and



Key Components:

1. Education and Awareness:

- Conduct workshops, seminars, and webinars to educate youth on the environmental impact of single-use plastics.
- Develop and distribute educational materials, including brochures, infographics, and videos, to highlight the importance of reducing plastic waste.

2. Youth Leadership Training:

- Organize training programs to equip young individuals with the skills needed to lead climate action initiatives.
- Provide mentorship and support to youth leaders to help them develop and implement community-based projects focused on reducing single-use plastics.

3. Community Engagement:

- Launch community campaigns to encourage the reduction of single-use plastics through local actions and advocacy.
- Collaborate with schools, colleges, and youth organizations to expand the reach of the campaign.

4. Policy Advocacy:

- Empower youth to engage in policy advocacy by providing them with the tools and knowledge needed to influence local and national policies on plastic use.
- Facilitate meetings and discussions between youth leaders and policymakers to drive legislative change.

5. Sustainable Alternatives:

- Promote the use of sustainable alternatives to single-use plastics by organizing fairs, exhibitions, and demonstration projects.
- Partner with local businesses to encourage the adoption of plastic-free practices and products.

Expected Outcomes:

- Increased awareness and understanding among youth about the environmental hazards of single-use plastics.
- Enhanced leadership and advocacy skills among young individuals, enabling them to spearhead climate action initiatives.
- Reduced usage of single-use plastics in participating communities.
- Strengthened youth participation in environmental policy advocacy and decision-making processes.
- Greater availability and use of sustainable alternatives to single-use plastics in local markets.

Impact:

By building the agency of youth in the fight against single-use plastics, the project aims to create a ripple effect that leads to long-term environmental sustainability. The initiative not only addresses the immediate issue of plastic pollution but also fosters a culture of environmental stewardship

Online Campaign:

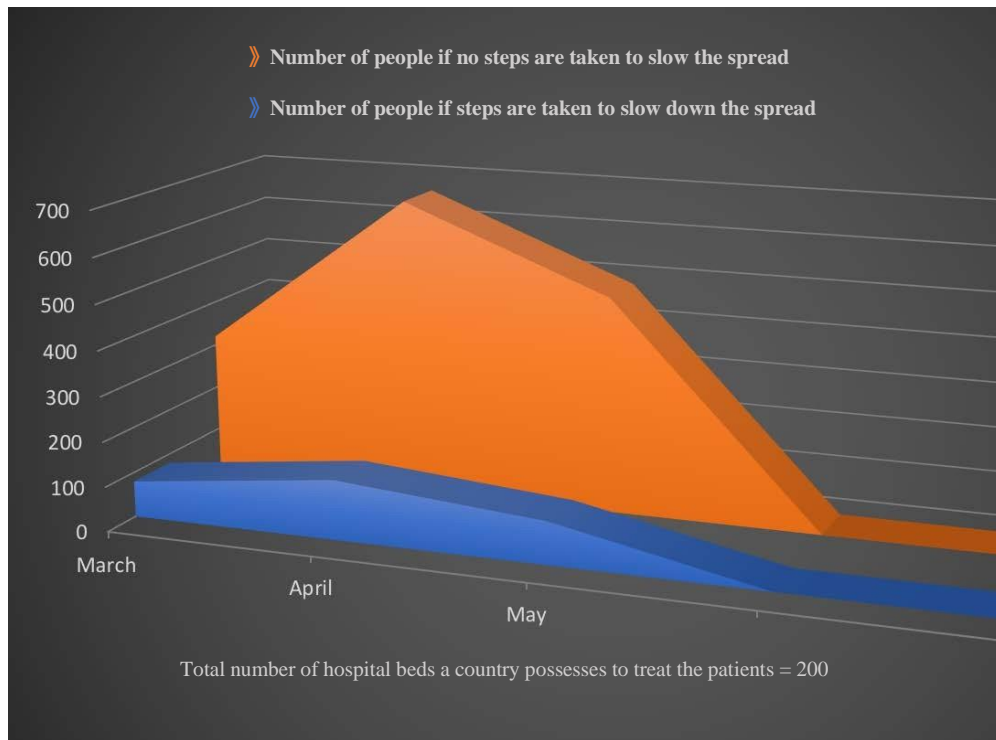


- **Covid-19: fighting the coronavirus (status:Completed)**

The global pandemic, covid-19 has wreaked upon every one of us. Forcing governments around the world to initiate lockdown, this pandemic has forced mankind to isolate themselves. As there is no cure, medical experts urge everyone to maintain proper hygiene and sanitation. As this virus has no vaccine, doctors and other medical workers deliberately put their effort into helping the infected. It is alarming that even in these circumstances, people are not following the lockdown properly. Bangladesh is one of the most densely populated countries in the world. Being the 41st largest economy in the world, this country still lacks proper healthcare services. Only 29 ICU (intensive care unit) beds are available in the country. However, the government aiming to treat the infected patients is a remarkable step, but still, hundreds of doctors and medical workers are getting attacked by the virus. The government has initiated a lockdown, but stores, and factories being open is causing yet another barrier to fight against. Law enforcement workers are gradually getting infected by the virus as well.



Arise foundation, paused all their running campaigns and initiated campaigns required to fight the covid-19. However, we do not operate on any project unrelated to child development, but this is a global issue. It's our duty to support our country. We cannot cure the virus, but we can slow down the expansion of it. Our country doesn't have enough hospital beds to treat a flow of people. This is where the term 'flattening the curve' comes in. Moreover, thinking about the marginalized communities in Bangladesh, it is important for everyone to understand the necessity of proper sanitation. Awareness about the virus is a must, considering that the number of infected patients is increasing alarmingly.



Arise foundation recognizing the issue, distributed some hygiene utilities on 17th and 23rd march, 2020. The underprivileged communities being vulnerable due to their economical insolvency and lack of hygienic environment pose a huge threat not just for themselves but for the rest of the community. At this, we distributed the hygiene utilities which are :

- ☐ Mask
- ☐ Soap
- ☐ Hand sanitizers
- ☐ Dry foods

We believe these are some of the essentials they required to fight the novel coronavirus. However, we also taught them how to wash their hands properly with the [who \(World Health Organization\) recommended 20-second rule](#).

However, we made efforts to spray disinfectants in the remote areas of Dinajpur. We took our efforts in the local buses and tried making a change by spreading awareness about the virus. We went door to door starting from orphanages to the convalescent homes located in the remote areas.

- **Climate Program Eco Harmony:**

Our project is more than a green initiative; it's a movement! to fostering Regenerative Agriculture for a Greener Tomorrow.

Empowering Women: At the heart of Eco Harmony is a commitment to empower women in agriculture. We believe in their potential to drive change and shape a sustainable future.

Engaging Youth: The future belongs to the youth, and Eco Harmony is excited to engage and inspire the next generation of environmental stewards.

Building Resilience Against Climate Change: Climate change is a reality, and we're ready to tackle it head-on. Through Eco Harmony, we aim to build resilience in communities and ecosystems.

- **Building Agency of Youth in Climate Action Project:**

Arise Foundation is thrilled to be part of the movement for youth-led climate action. Currently, we're actively engaged in a 4-day Training of Trainers at Global Platform Bangladesh, supported by the British Council's "Building Agency of Youth in Climate Action Project".

Twenty-six passionate young individuals from Satkhira, Bagerhat, and Dhaka are gaining valuable insights to empower their communities in climate action. They will soon be the catalysts of change, sharing their learnings with fellow youth in their areas.

Health Programs

- **Health program**

A child is born with certain rights. But being born into an underprivileged family is posing as a punishment for a crime they didn't commit. Healthcare is a child's basic right. If the health crisis is kept unnoticed then it'll soon shape itself into a child-rights crisis

Keeping the hope of seeing their smile out of this scarcity, Arise Foundation, organized 2 campaigns in Dinajpur district. Volunteers, medical students, doctors, and upazila health assistant altogether came forward and executed the medical campaign. We primarily aim to initiate the free grouping of blood from individuals. We believe this will help them momentarily if any crisis arises. Our doctors and medical experts also diagnosed children facing irregular health conditions.

Prescription for the required therapy or medicine was issued for the ones requiring it. We believe this will help them to keep up with their classes.

Fundamentally our health program comprises 2 goals:

1. Free blood grouping
2. Free prescription

Dr. Mastura Mosharraf Aishika
01754172751
Health Adviser, Arise Foundation
President, Bangabandhu Sheikh Mujibur Rahman Medical
College Student League, Faridpur

Every year thousands of children face difficulties in their studies. Hindrance in healthcare services may drastically affect a child's mental and physical growth. With our campaigns, we aim to mitigate that crisis. A sound mind in a healthy body has been our motivation throughout the campaign.

• **Health and hygiene Olympiad**

Health and hygiene Olympiad 2021

Summary:

Health and hygiene Olympiad is organizing the first health and hygiene Olympiad of Bangladesh. The Olympiad holds the potential of ensuring the participation of more than 250 campus ambassadors with more than 1500 participants online. Along the online platform, a total of 5000 participants from the remotest areas of the country are expected to participate in the offline platform of health and hygiene Olympiad 2021. Monetary prizes, t-shirts, certificates, crests/medal, hygiene box (containing hygiene equipment like soap, masks, gloves, sanitizers, etc.) Will be provided to the winners.

The underprivileged participants in the remote areas of the country will receive these as well along with workshops to prepare them for the Olympiad. In total the online Olympiad will be organized nation-wide whilst the offline Olympiad will gain it's momentum in 30 districts of Bangladesh. Event date: last event date - 29th march, 2021 extension: the deadline may be extended upon if the required target is not met within 29th March 2021. Expected crowd: 1500 participants online and 5000 on-spot

Goals:

- inspiring the youth to practice and preach hygiene practices in society
- improving health-related knowledge and proper hygiene measures
- developing leadership skills including strong morale and logical reasoning.
- assisting in the development of competitive spirit among privileged and underprivileged

students

- aiming to decrease and resolve the gap between the privileged and underprivileged children
- providing the underprivileged children with the opportunities they deserve
- giving the underprivileged children practical, competitive experience in order to better prepare them for a brighter future
- helping students to conduct hands-on and real-life experience to create and implement legit solutions based on the needs of the area
- teaching young minds how to initiate and make the change they want to see
- targeting the development of the younger generations in order to help them be fundamentally stronger, sharper, and to nourish the students' brains up to their full potential.
- developing the thinking skills of students by putting them in various hypothetical situations through better educational strategies and more detailed knowledge
- improving and promoting awareness of health and hygiene among underprivileged students
- giving the students early exposure to the competitive world in a constructive, educational manner
- helping the underprivileged grow intellectually
- providing the underprivileged regular workshops throughout Bangladesh

Necessity of the Olympiad: Bangladesh has a population of 140 million; 63 million or 44 percent of the total population are children. Around 56 percent of the child population - are currently living below the international poverty line, when considering education, health, and living standards. In the field of education, there are two important issues — one is attending school, and another is completion of study. On the other hand, sanitation, safe drinking water, housing, and resources are considerable issues in measuring the living standard, as well as basic immunization and nutrition. Underprivileged children grow up with extremely limited scope of health and education. They often have to engage in low wage work after dropping out of school and entering the labor market at an early age, leading to a life of less productivity and low wage. They are also more vulnerable to violence and other negative influences like drugs.

Besides, while in school, the children are deprived of competitive and productive platforms, leading them to eventually drop out without any practical knowledge or experience. Especially with the pandemic still ongoing, these children are not only being affected by covid-19 health-wise but also losing what little opportunity they have for education. The availability of schools and teachers was scarce, to begin with, not having access to online education has added itself on top of that. This is why this unified platform is important, where the underprivileged can come together with their privileged peers, to not only to learn proper health and hygiene measures to combat various kinds of diseases, but also to experience competitive environments to help them grow intellectually. The underprivileged are provided with offline workshops on a regular basis, and additional materials are provided to help them overcome any gap that may exist, and better prepare them for this competition. This Olympiad will not only spread awareness to combat different health issues but also bring the underprivileged young minds the opportunities they deserve, helping them acquire equal opportunities to grow intellectually. Moreover, the workshops will continue even after the Olympiad and will help the children achieve their full potential, bringing them a step closer to the future they deserve. With the help of our workshops and platform, they can then lift themselves out of poverty and find ways to become productive workers and active citizens. Eligibility of the team: the team has been formed with the dedicated members from the parent organization arise help for child foundation. Each board of directors have at least 5 years of experience in the field and have received prestigious awards like the “president's scout award, community development award and more. But our team doesn't believe in individual qualification. There are multiple articles about the activities of the team that can be found in the news link pasted below:

- news report from daily star
- news report from daily star

• **Medical Camp for the Minority**

The ethnic groups native to India and Bangladesh are mostly found in northern Bangladesh. Santal shares the largest ethnic minority in northern Rajshahi division and Rangpur division. As they are the minorities in Bangladesh, their population is about 3 lakhs only. It is a solemn duty of the state to take over the responsibility for the rights of minorities and in this pandemic, they are also very much affected because of such reasons,

- Lack of education amongst the minorities.
- Vulnerable economic conditions in the family and social structure of the minorities.
- Inadequate awareness and lack of health care services in those groups.

Arise Foundation has always been trying to help the needy people of the region at various times by funding, gifting, organizing campaigns, and so on. But the health sector has been a major issue now, pandemic is the well of an example of this massacre, Arise Foundation is aiming for full restoration and future follow-ups for this kind of situation and on, after the pandemic, it will be working on,

- Setting up temporary medical centers to help minorities at the highest level.
- Enhancing the local administration to look into the matter.
- All out measures to inspire and accelerate to solve the problems of adolescent period in every each and other in the minority:
- Minorities giving short term treatments and long-term suggestions to wipe out the traditional sickness and make a follow-up awareness amongst the people.

Children from the ethnic groups are mostly deprived of the normal flow of rights and medical systems as they are underprivileged in the country from the very beginning as a part of tradition and history. For the ethnic minorities Arise Foundation will be giving their best to arise an example of charity from the core of their heart.

We believe, children are our future, and will always be our successors. Bangladesh is the most densely populated country in the world, but a huge amount of manpower is being wasted by hindering the cultivation of our population. The impoverished population of Bangladesh is large, but there's still hope for them. We believe, starting from the root level, from the children we can make a change. While one side of the population is flourishing the other side has welcomed starvation as their part of life. Perhaps mankind has made too many walls. But we are here to make bridges. Join us by donating to our fundraisers and make a change.

Gender Mainstream Programs

• **Project Bano Lota (status: ongoing)**

More than half of the female population on earth are of reproductive age. Almost half the human population has or will experience the process of menstruation.' but this natural process is stigmatized all over the world. Women are not allowed to cook, attend religious events or community activities. In some cases, it is not even allowed to touch water. These taboos are

believed all over the world. Even women experiencing this process are often forced for marriage even leading to sexual exploitation. This gets worse for the marginalized communities in the world. Even these transgender community is disregarded in many cases. Apart from believing these superstitions, a woman doesn't have access to these basic hygienic commodities. Their economical barrier forces many to use dirty cloths. These unhygienic practices arise lots of health complications especially for these impoverished individuals. Sanitary pads are not something cheap for these marginalized families to buy. That is why a woman is considered to be a burden in many marginalized families. Again, economical shortcomings possess as the main barrier for most of the underprivileged women. Hindering them out of educational facilities, this barrier also makes these marginalized families treat their female children as a burden. Child-marriage, child – labors, child-abuse, child-trafficking, sexual abuse, domestic violence, sexual exploitation and other human rights violations takes place centering the crisis.

Will be working side by side with these women, fighting the social stigmas. We believe period shaming and deprivation of basic hygienic commodities for these underprivileged individuals is directly linked to the human rights crisis. We also aim to work for the transgender communities to fight for their rights. Economical barriers are the cliché among the marginalized communities of the developing nations. We wish to provide training, educational support, and employment opportunities to these groups of people to ensure women's empowerment. We focus our aim on mitigating this crisis, initiating our efforts for women's empowerment.



• একক স্বাবলম্বী প্রজেক্ট ২০২৩

এরাইজ ফাউন্ডেশন নিজস্ব অর্থায়নে ১০ জন অসচ্ছল এবং জলবায়ু ক্ষতিগ্রস্ত নারীদের স্বাবলম্বী করার প্রয়াস নিয়ে শুরু করতে যাচ্ছে।

এরাইজ ফাউন্ডেশন প্রতি বছরের মত আসন্ন ২০২৪ সালেও বেশ কিছু টেকসই পদক্ষেপ গ্রহণের মধ্যে একক স্বাবলম্বী প্রজেক্ট ২০২৪ অন্যতম।

এই প্রয়াসের অংশ হিসেবে ইতিমধ্যে বেগম রোকেয়া ইউনিভার্সিটির নবাগত স্বচ্ছাসেবী মনোভাবাপন্ন শিক্ষার্থীদের দারা মাঠ পর্যায়ের সুবিধাভোগী নির্বাচনের সমীক্ষা সম্পন্ন হয়েছে। পরবর্তীতে প্রয়োজনীয়তা উপলব্ধির উপর ভিত্তি করে আমরা নির্বাচন করব অসচ্ছল এবং জলবায়ু ক্ষতিগ্রস্ত নারীদের।

৩৪ জন নারীর মধ্যে থেকে প্রাথমিক ধাপে ১০ জন অসচ্ছল এবং জলবায়ু পরিবর্তনে ক্ষতিগ্রস্ত নারীদের আমরা পর্যায় ক্রমে গৃহপালিত প্রাণী, আবাদি জমিতে সবজি জন্য জমি লিজ এবং আবাদের জন্য বীজ/বিষ/সার প্রদান করব।

এভাবে আমরা আমাদের লক্ষ্য ২০২৪ এ ৫০ জন ক্ষতিগ্রস্ত নারীকে স্বাবলম্বী করার প্রয়াস গ্রহণ করতে যাচ্ছি। আমরা আশা করছি সম্মিলিত প্রয়াসে আমরা আমাদের লক্ষ্য অর্জন করতে পারব ইনশা আল্লাহ।

Humanity Programs

Compassionate Ramadan (status: completed)

“let’s make this isolated month better for everyone.”



Addressing the situation, Arise Foundation initiated the campaign – compassionate Ramadan. In this campaign, essential consumables were traded with a discount of 50% from 25th April 2020 to 8th May, 2020. We believe that this will help many underprivileged families cope with their crisis. The consumables package included:

- ☐ Rice
- ☐ Pulse
- ☐ Cooking oil
- ☐ Flour
- ☐ Chickpea
- ☐ Potato
- ☐ Salt
- ☐ Soap

Along with this package, we gifted 20-30 iftar packs to the ones positioning outside their home for reasonable purposes. A rickshaw was dispatched after the magribadhan for 15 days to support our brothers and sisters stationing outside.

Our remarkable success took place in the following areas:

Districts	Area	Date	Number of families accepting the gift.
Khulna	Darogar lease, lobonchora, shipyard	24 th April, 2020	27
Dinajpur	Tetuliashahpara, chirirbandar	25 th april, 2020	56
Dinajpur	Tetuliashahpara, chirirbandar	26 th april, 2020	20
Dinajpur	Dinajpur	26 th April, 2020	1 (assistance for 3 weeks)
Shatkhira	Shatkhira	27 th april, 2020	3
Shatkhira	Shatkhira	1 st May, 2020	7 (assistance for 2 months)

Alongside this campaign, we also arranged iftar facilities for the underprivileged in multiple districts, these are:



District	Date	Number of people receiving our iftar gift
Nilphamari	14 th May, 2020	51
Shatkhiria	13 th May, 2020	120
Sylhet	16 th May, 2020	30
Shatkhiria	18 th ay, 2020	30
Chittagong	21 st May, 2020	25

Our volunteers deliberately made the efforts to make this campaign a successful one. At the end of the day, the smile we encounter makes all the difference. This is what we worked for.

• **Compassion for iftar (status: completed)**

The global pandemic has shaped this holy month of Ramadan to be a little different from the previous ones. But as the holy month started thousands of underprivileged people, fasting during this month are facing an acute food crisis due to the ongoing economic crisis. At this, they are being deprived of the cheerfulness of this month. Concerning their food and economic crisis, Arise Foundation executed the campaign ‘Compassionate for iftar.’ in this campaign, a rickshaw was dispatched for the first 15 days of the month, carrying iftar for the underprivileged people staying out for necessary causes. During this campaign apart from providing iftar through dispatching a rickshaw, we also organized some iftar arrangements for the orphans. In total, 200 people received our iftar gift through rickshaw. The orphanages also received substantial assistance from our side. The details are:

District	Area/ institution	Number of people receiving our gift	Date
Chittagong	Northern kunjuri village, boalkhali	27 families (received monetary gifts)	5 th May, 2020
Nilphamari	Balapara Islamia Orphanage and Lillah boarding	21 children (received food Assistance for an	7 th May, 2020
	Madrasha	Entire day)	

- **Zakat for tomorrow (status: completed)**

Every year, a Muslim person has to pay an substantial amount as zakat. This zakat is used to develop the conditions for the underprivileged. But unlike the previous years, this year is different due to the novel coronavirus. Thousands of underprivileged needs the zakat money to develop their conditions, but due to the current condition of getting infected, we had to adopt a new way of paying this zakat. Abiding by the shariah law, we collected the zakat money from our regular donors. These zakat money was then focused on some children to put a smile into their faces. With the limited collection, we could only afford to allocate this money for 5 underprivileged children in the Dinajpur district. This event took place in 17th may, 2020.

The festivity of Eid (status: completed)

The COVID-19 pandemic has wreaked upon every one of us. It upsets various aspects of our lives. This Eid-ul-Fitr was also different from the past years. Every year, thousands of families face a financial crisis. But this



Pandemic, resulting in the global economic downfall, has created a harsher effect for the underprivileged. But together, we were able to fight back the pandemic.

District	Area	Date	Number of families getting our gift
Khagrachari	Khagrachari	21 st may, 2020	21
Mymensingh	Muktagacha, Fulbariya	22 nd may, 2020	15
Cox's bazar	Cox's bazar	23 rd may, 2020	35
Feni	Feni	23 rd may, 2020	12
Shatkhira	Shatkhira	23 rd may, 2020	70 (celebration through providing Mehendi)
Joydebpur	Joydebpur	24 th may, 2020	25
Sylhet	Sylhet	24 th may, 2020	24

In total 136 families received our gift package to celebrate Eid with its festivity. The areas are:

Sacrifice for the underprivileged worn clothes but new hope (status: completed)

Every single of our past Eid celebration had a thing in common, the new dresses we wore on the special day. The new dress gave us the festivity of Eid and boosted its spirituality. But this Eid is different from the past ones. Due to the coronavirus, although the markets being open, it was risky for the people to go shop. Concerning the factor, Arise Foundation executed the campaign 'sacrifice for the underprivileged - worn clothes but new hope.' with our donors generous enough to donate their allocated budget for buying new clothes, we were successful in utilizing this money to buy some new clothes for the underprivileged unable to afford new clothes. This campaign took place in Dinajpur with 4 children. Again similar event also took place in Shatkhira. 21 families received our assistance in buying clothes on 23rd and 24th May, 2020 to fabricate their celebrations with new hope.



- **Cloths for the Needy:**

Arise Foundation is currently undertaking a significant endeavor in Rangpur Chakbazar, where we are diligently working to provide essential facilities to those in need.

As part of our efforts and help from our donor, we are distributing winter clothing to protect vulnerable individuals from the harsh cold weather. This commendable initiative showcases the pivotal role that Arise Foundation plays as a welfare and assistance organization for the underprivileged.

It's heartening to see such dedication towards improving the lives of the less fortunate. We believe that through these compassionate efforts, even the smallest actions can bring about meaningful change in the lives of those who are struggling.

Let's join hands in supporting and encouraging Arise Foundation as they continue their noble work in this relief program. Together, we can make a difference and bring warmth and hope to those who need it most.

Appendix

Newspaper coverage

Arise Foundation local and international News Coverages link

https://drive.google.com/file/d/1S_aLVz8kgwjxeO8vv9ZPy7gN70KYmZF/view?usp=sharing